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Timex Fitness Hrm Manual

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Digital Heart Rate Monitor - Timex

To Prepare Your Heart Rate Monitor for First Use Once you have determined your fitness goals and maximum heart rate, Timex recommends you pair the watch with your Heart Rate Sensor, set the time, and set other important data in HRM Setup Mode before using your Heart Rate Monitor. Note: For best results, Timex recommends that you wash your heart ...

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Timex heart rate monitor watches are well regarded by professional athletes and casual exercisers alike. There is a wide range of high quality models of to suit every taste and need. Since there are so many models, it can be quite confusing to know which is which, particularly since Timex designates its models with long sequence of alphanumeric ...

Timex Heart Rate Monitor

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Combining stylish looks with power sport timing and heart rate monitoring features, this larger Timex Digital Fitness watch (model T5H881) can be worn by both men and women. It features a chest strap heart rate monitor, easily accessible function buttons, durable resin case, and comfortable resin strap with a stylish tapered profile.

Timex T5H881 Zone Trainer Digital Heart Rate Monitor

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